

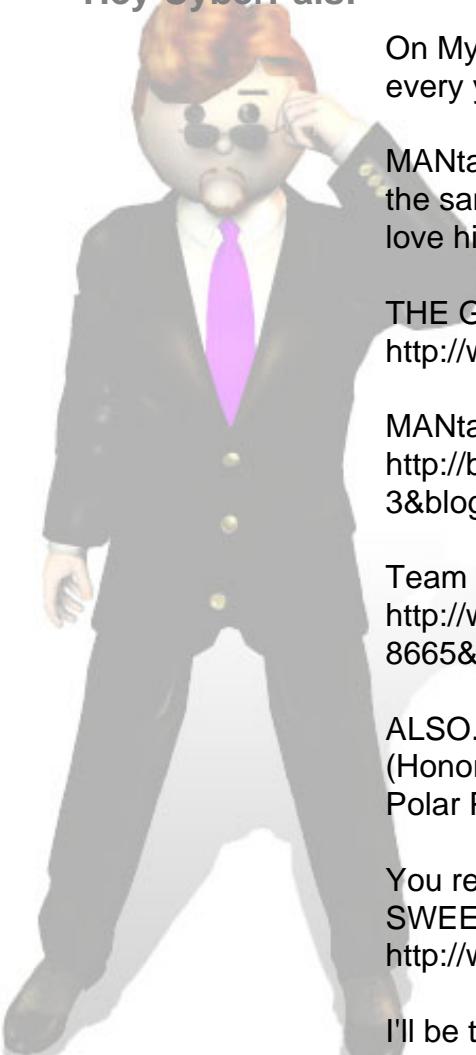
WHUZZUPDATE®

THE NEWSLETTER

MANTana Polar Plunge 2010

January 20, 2010

Hey CyberPals!



On MySpace, The Great State of MANTana does the Polar Plunge in Virginia every year to benefit the Special Olympics.

MANTana is *VERY* controversial. He will make you laugh and piss you off at the same time. If you like off the wall, irreverent 4Chan humor, you're gonna love him. Check him out!

THE GREAT STATE OF MANTANA
<http://www.manknowledge.com>

MANTana MySpace Polar Plunge blog:
<http://blogs.myspace.com/index.cfm?fuseaction=blog.view&friendId=408543193&blogId=526526674>

Team MANTana Polar Plunge Donation Page:
<http://www.firstgiving.com/process/teamarea/default.asp?did=1444&TeamId=88665&EventId=58586>

ALSO... tonight (Thursday Jan 21, 2010) on BlogTalkRadio the HBC's (Honorary Breasted Citizens) of MANTana will be on the air to talk about the Polar Plunge and get WILD!

You really don't want to miss this. Register at BTR if you haven't already.
SWEET NINA AND THE HBC'S ON WTF RADIO:
<http://www.blogtalkradio.com/wtf-radio/2010/01/22/sweet-nina-the-hbcs>

I'll be there to cause trouble one way or another. See you there!

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~

WANT TO HELP THE PEOPLE OF HAITI IN THEIR TIME OF NEED?
Without worrying if their government is going to pocket your money or it going to some scam?

C.C. discusses her husband's foundation on her MySpace blog. They narrowly missed death last week as their trip to Haiti was canceled because of a snafu with their passports. The hotel they had planned to stay in was leveled.

HAITI SURVIVAL: A Foundation with A Mission For Long-term Hope

<http://blogs.myspace.com/index.cfm?fuseaction=blog.view&friendId=373510806&blogId=526415917>

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Here is the website she is discussing:
<http://haitisurvival.org/>

SoApBoX: Rantz & Raves "Dropping an ANVIL on Andrew Mattock (while he's still here)" (October 18th, 2009)- Andrew Mattock, one of the creepiest and most hated people on MySpace. Does dying give anyone the right to be a verbally abusive jerk? <http://www.ericbrooks.com/soapbox/?p=243> "Got low self esteem? Don't date ugly chicks (and other male survival tips)" (September 23rd, 2009)- WTF Radio has issued a blog challenge: Blog about men vs. Women, Relationships, or Hormones.

<http://www.ericbrooks.com/soapbox/?p=237> "10 Tips to Become a Blogging Superstar on MySpace" (August 24th, 2009)- Want to rank high and get noticed? Follow these 10 simple tips.

<http://www.ericbrooks.com/soapbox/?p=234>

5 in the spotlight: Surf Picks - categories on SoApBoX - Spotlighting some cool sites I come across. I think you'll like them too!...

-<http://www.ericbrooks.com/soapbox/category/surf-picks> Download the Starburst font - , as well as 2,134 other free and shareware True Type Fonts in the Fonts Section! -<http://www.ericbrooks.com/fonts/?id=1921> Download the Lovitz font - , as well as 2,134 other free and shareware True Type Fonts in the Fonts Section! -<http://www.ericbrooks.com/fonts/?id=1267> Download the discotech font - , as well as 2,134 other free and shareware True Type Fonts in the Fonts Section! -<http://www.ericbrooks.com/fonts/?id=777> Download the Gubernaculum font - , as well as 2,134 other free and shareware True Type Fonts in the Fonts Section! -<http://www.ericbrooks.com/fonts/?id=1020>

So if cooks have "Cook offs", and people who dance have "Dance offs", what should us jerks name OUR contest?

YourCyberPal,

EricBrooks - <http://www.ericbrooks.com>

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